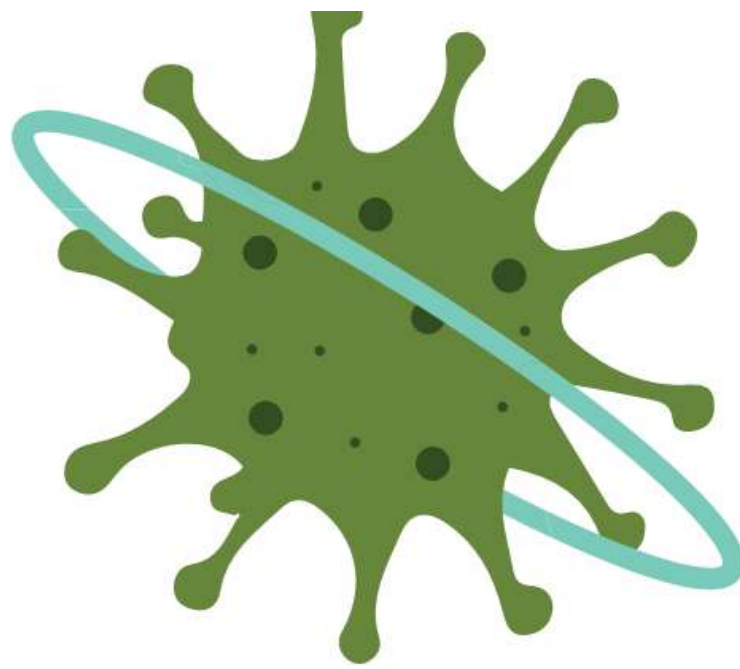


CORONA VIRUS/COVID-19

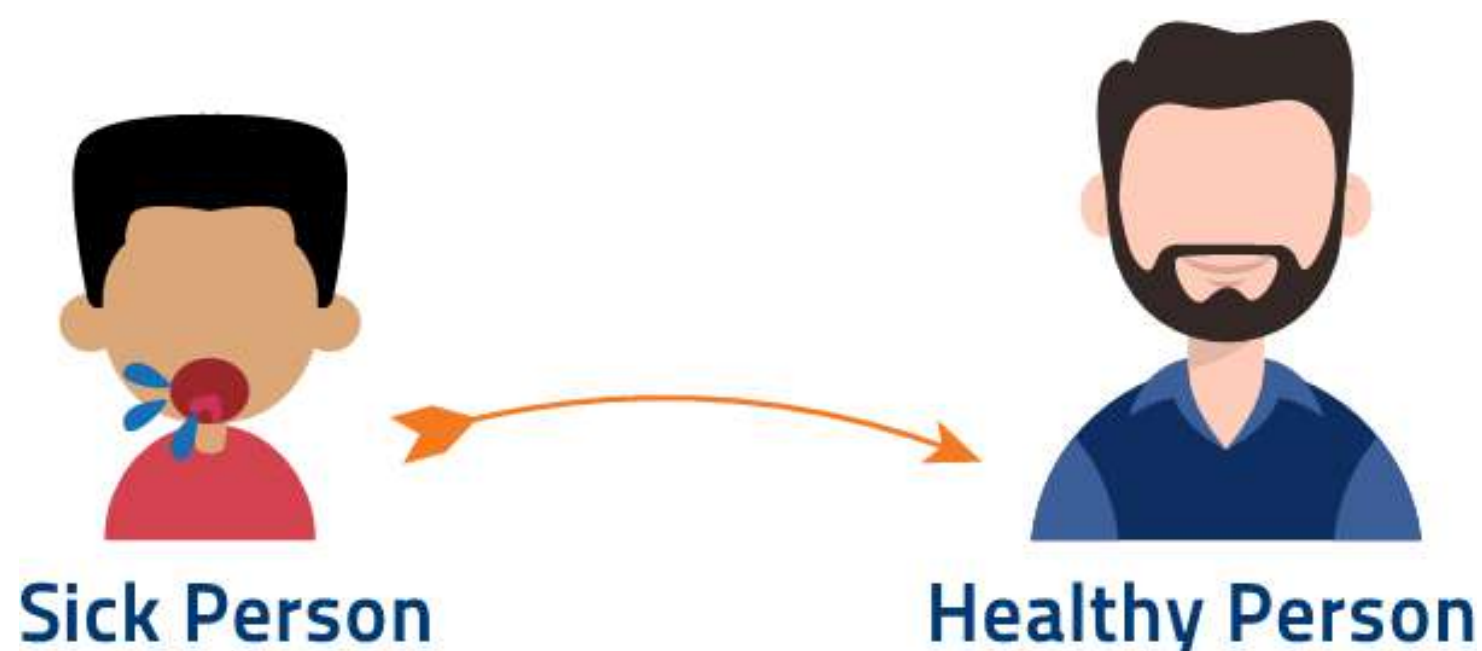


Coronaviruses (CoV) are a large family of viruses that cause illness ranging from the common cold to more severe diseases such as Middle East Respiratory Syndrome (MERS-CoV) and Severe Acute Respiratory Syndrome (SARS-CoV).

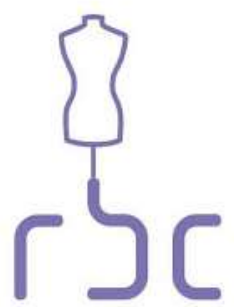
SYMPTOMS



HOW DOES IT SPREAD



- Cough Droplets of a sick person get transferred to a healthy person.
- Contaminated surfaces like door knobs, lift buttons, handrails etc.
- By touching your eyes/nose/ears after touching contaminated sources.

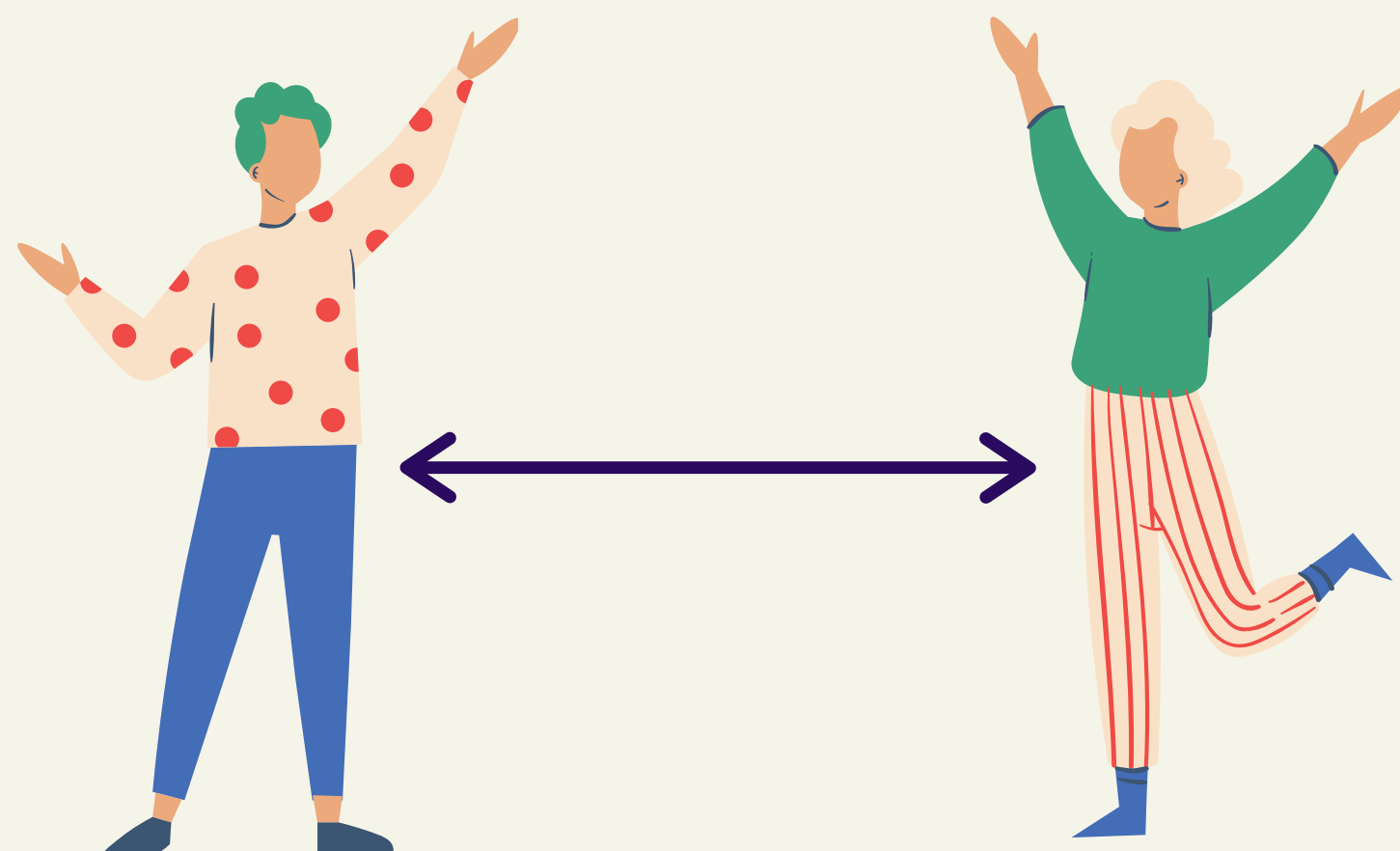


PERSONAL HYGIENE



WASH YOUR HANDS FREQUENTLY

for at least 20-30 seconds using soap or alcohol based rub.



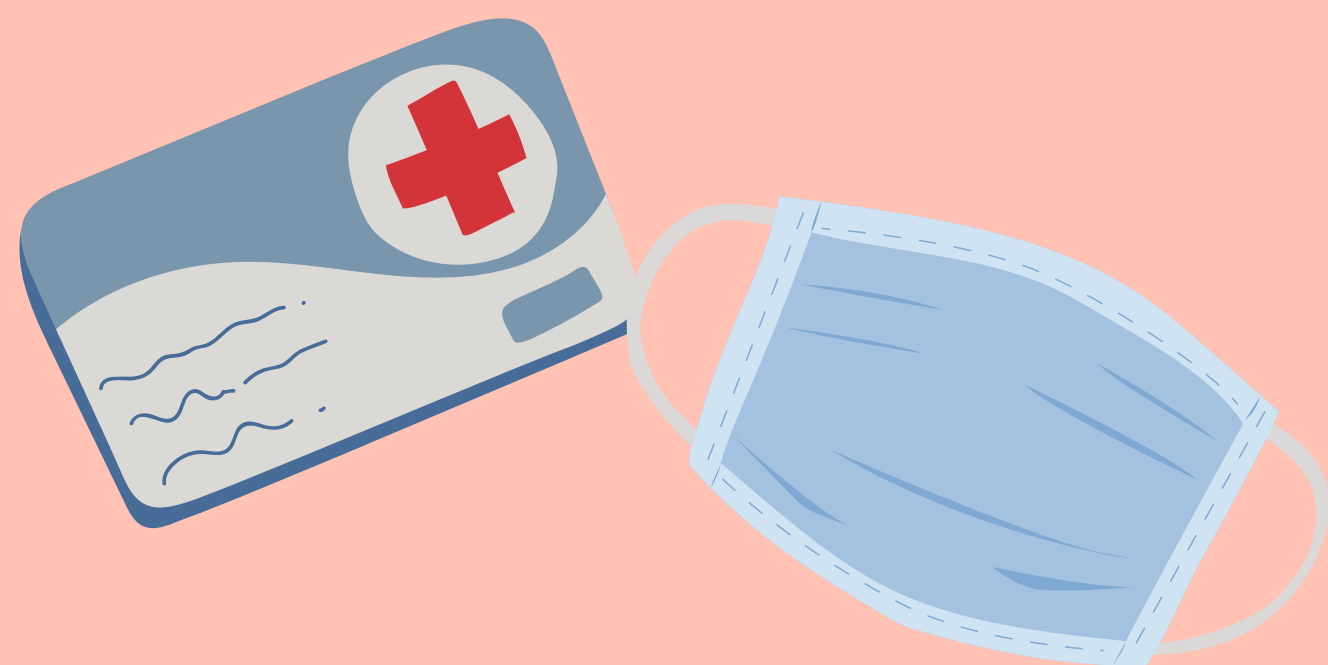
MAINTAIN PHYSICAL DISTANCING

Maintain at least 1 metre (3 feet) distance between yourself and anyone.



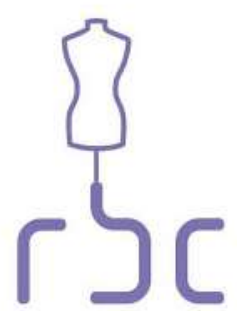
AVOID TOUCHING EYES, NOSE AND MOUTH

Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth.

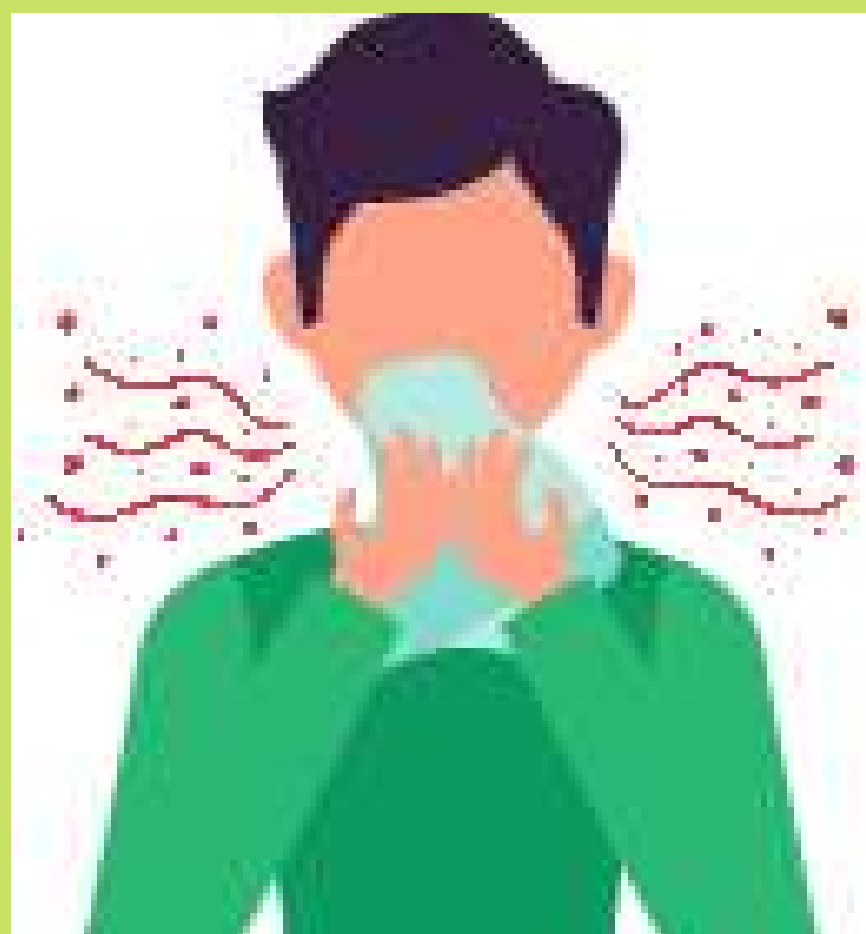


IF YOU HAVE A FEVER, COUGH AND DIFFICULTY BREATHING, SEEK MEDICAL CARE EARLY

Those facing these symptoms should wear a surgical mask at all times to avoid infecting others.



PERSONAL HYGIENE



COVER YOUR FACE

While coughing, cover your face with a disposable tissue or use a mask and discard them immediately in a waste bin.



COVER YOUR FACE

In the absence of disposable tissues, you may cough/sneeze into your folded elbow



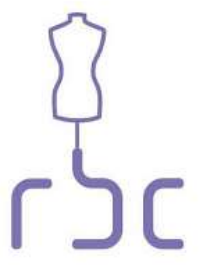
CLEAN YOUR ENVIRONMENT

Clean and disinfect frequently touched objects and surfaces



AVOID TOUCHING ANYONE

Avoid the handshakes and hugs. Most hygienic form of greeting is Namaste!

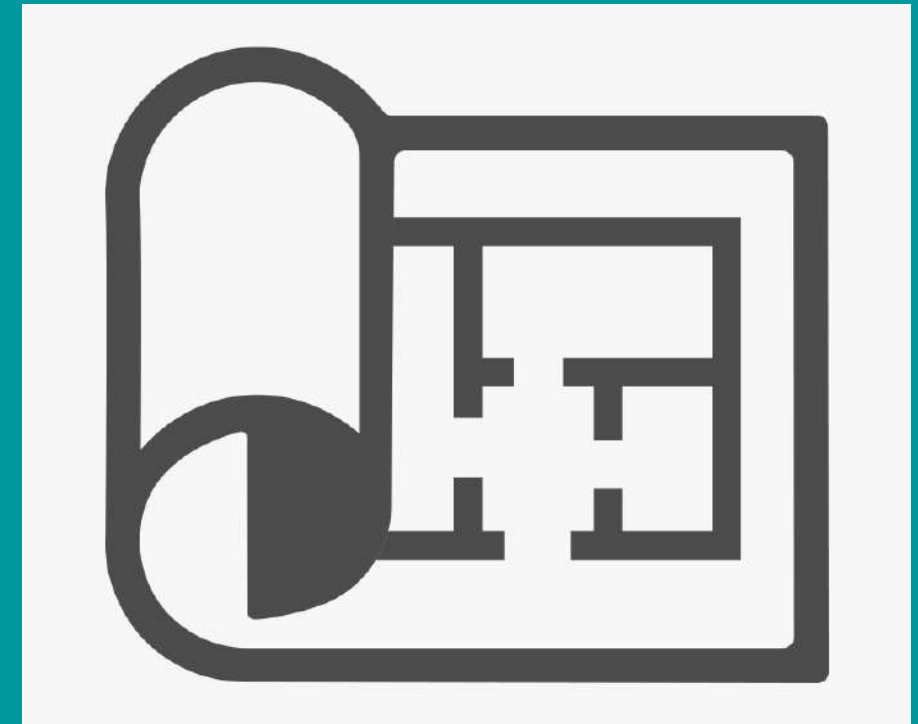


PROTOCOL ON SHOP FLOOR



PERSONAL PROTECTIVE EQUIPMENT (PPE)

Wear personal protective equipment such as masks and gloves at all time.



FOLLOW THE LAYOUT

The floor plan with minimum recommended distance between work stations to be strictly followed



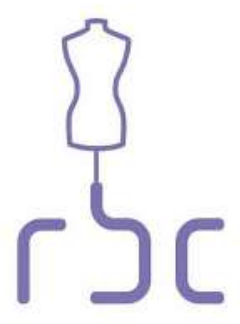
MAINTAIN DISTANCE

Keep at least 1 meter (3 feet) distance from your helpers and coworkers at all times. Avoid large gatherings



HAIR UP

Keep your hair up. Avoid wearing any rings/bangles/bracelets.



**IN CASE OF ANY EMERGENCY PLEASE
CONTACT THE HELPLINE NUMBERS
MENTIONED BELOW**

CORONA HELPLINE : 011-23978046 OR 1075

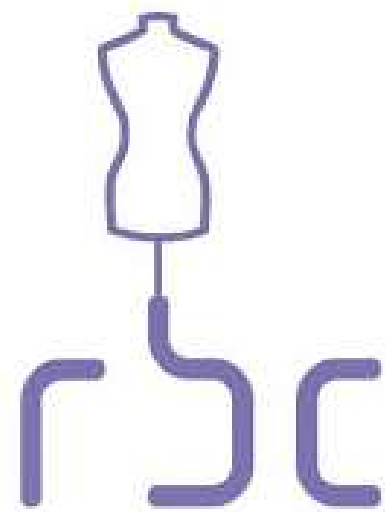
DELHI: 011-22307145

PUNJAB: 104 , 07888695438 ,0172-2747798

MAHARASHTRA : 022-22027990

HARYANA: 0172-2545938 ,08558893911

BIHAR: 104 ,0612-2217781 , 2233806



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